



## **2025 IOWA GOLDEN GLOVES FACT SHEET**

**April 4-5, 2025**

HOST: Iowa Golden Gloves

VENUE: Val Air Ballroom 301 Ashworth Rd, West Des Moines, IA 50265

DATES: Friday, April 4<sup>th</sup>, Saturday, April 5<sup>th</sup>, 2025

SHOWTIMES: Friday, April 4<sup>th</sup> at 6pm, Saturday, April 5<sup>th</sup> at 6pm

REGISTRATION: Registration is available online and will remain open until Saturday, 15 March 2025. ALL boxers MUST register. The online registration fee is \$25. IF a boxer chooses to register after 3/15/25, a late fee of \$40 will be charged. Online registration link is [Registration | Iowa Golden Gloves](#) Please contact Crystal Manzo @ 712.438.0829 or [iowagoldengloves@gmail.com](mailto:iowagoldengloves@gmail.com) for assistance.

### DIVISIONS:

1. National Team Division – Boxers ages 18 thru 40 are eligible to participate. All boxers must be at least 18 years of age before April 4, 2025, but not yet 41 before May 18, 2025. Minimum bout requirement of 10 bouts. These champions will receive an Iowa Golden Glove Championship belt and have the option to advance to the national tournament in Tulsa, OK in May 2025. \*\*
2. Novice Division – Boxers ages 18-40. Maximum bout limit of 9 bouts. Champions will receive an award.
3. Junior/Youth Divisions – All boxers aged 8-17 years old. Matched bouts will be made according to Appendix F. Each time a boxer wins, he/she will receive an award.

### SCHEDULE:

Friday, 4 April – Boxer/Coach check-in: 10am – 12noon at Val Air Ballroom. ALL BOXERS AND COACHES MUST CHECK-IN FRIDAY DURING THIS TIME. The “draw” will take place on Friday, 4 April 2025. “Brackets” / “Daily Bout Sheets” will be posted online.



**CHECK-IN: "NO BOOK - NO BOX - NO EXCEPTIONS"**

Boxers must have currented their 2025 USA Boxing membership. "Head-shot photo", "Birth Certificate", and current "Annual Physical" form must be uploaded on your USA Boxing membership profile.

Coaches must be registered with USA Boxing, be certified for the year 2025, must have completed the Safe Sport Training, Green Level Coaches Certification (at minimum), and have passed the Background Check. If the coach is not registered with USA Boxing, he or she, will not be allowed to work their boxer's corner. If a coach is not registered in the tournament, the coach must pay the \$25.00 admission fee (No Exception).

**WEIGH INS:** Boxers will weigh in on Friday at check-in, 10am-12pm, noon. Boxers who box on Saturday will also weigh in on Saturday morning 10am-12pm, noon. Boxers will box at the registered weight. Weigh ins will be held at the Val Air Ballroom. A "trial scale" will be set up at the initial weigh ins on Friday.

**PHYSICALS:** Doctor will be at Val Air Ballroom for physicals. Friday physicals will take place at the same time frame of weigh ins, 10am-12pm, noon. Saturday physicals will take place at same time frame of weigh ins, 10am-12pm, noon.

**Saturday, 5 April 2025:** All boxers with scheduled bouts on Saturday MUST weigh in from 10am-12pm, noon, at Val Air Ballroom.

**WEIGHT CLASSES:**

Twenty weight classes will be contested...

MALE: 110, 121, 132, 143, 154, 165, 176, 187, 198, 198+

FEMALE: 106, 112, 119, 125, 132, 143, 154, 165, 176, 176+

All other matched bouts will be made according to Appendix F.

*\*\*National Team (Open) – Boxers ages 18 thru 40 are eligible to participate. All boxers must be at least 18 years of age before April 4, 2025, but not yet 41 before May 18, 2025. Minimum bout requirement of 10 bouts. These champions will receive an Iowa Golden Glove Championship belt and have the option to advance to the national tournament in Tulsa, OK in May 2025. (Please Note: A boxer "Must Compete - Must Box" to be eligible for the Iowa Golden Gloves Franchise to financially pay for their way to the Golden Gloves of America National Tournament. UNCONTESTED BOXERS: The Iowa Golden Glove franchise reserves the right to deem an "UNCONTESTED" boxer "Unqualified" to travel with the Iowa Golden Glove franchise team to the National Golden Gloves of America Tournament in Tulsa, Oklahoma. An "Uncontested Open Class Boxer" may participate in the Golden Gloves of America National Tournament but must pay his or her own travel, lodging, and meal expenses.)*





## NOTES

**EQUIPMENT:** Gloves WILL BE provided, and ALL boxers will be gloved, and their hand wraps checked at the glove table. ALL boxers in this tournament WILL wear headgear. The headgear MUST be USAB approved. Ages 8-13 may wear headgear with cheek protectors. Ages 14-40 must wear headgear with NO cheek protectors. Mouthpieces must be form fitted and can be of any color. It is NOT mandatory that red/blue head gear or red/blue uniforms be worn but it is strongly encouraged. PLEASE NOTE...regarding the uniforms...no nicknames, no fringe, no sequins, no gladiator trunks, and the length of the trunks MUST NOT go beyond the knees. The belt line must be clearly indicated by a contrasting color and by using a 2-4-inch-wide elastic waistband. Ages 8-13 may, if needed, use tape or binding for the purpose of securing the competition uniform.

**COACHES:** Round times for all National Team Male and Female bouts will be 3 minutes. Round times for novice division will be 2 minutes. Matched bouts will be determined by Appendix F. There will be a designated "warm-up area" specifically for coaches/boxers to warm up prior to their bouts. There will also be a designated "seating area" for coaches/boxers. **On Friday, there will be a Coaches meeting at 3:30pm** for Q&A with the Official In Charge or the designee and a member of the Iowa Golden Gloves Board of Directors to answer any questions.

**NON-ATHLETES:** MUST be USAB REGISTERED, USAB CERTIFIED, and Background Screen Approved with current Membership Card showing proof of both in order to work their boxer's corner AND/OR to work as an Official at ringside. Passbooks WILL BE checked for verification in order to obtain a tournament wristband.

**TEAM POINTS:** Team points will be calculated as follows: a WIN is three points, a walk over is one point.

We expect to have a great 2025 State Golden Gloves Tournament and certainly appreciate your support! We thank you for ALL the hard work and dedication during the years and hope everyone is able to enjoy the tournament!

